QUilted POT HOLDER &
KITCHEN TOWEL
TUTORIAL

It’s a pot holder, it’s a towel... it’s a pot holder towel!
Gather Your Supplies:

- 4 - 20"x1.5" strips of fabric
- 1 kitchen towel
- 1 button
- Double fold bias tape
- 11"x11" fabric for backing
- 11"x11" insul-bright lining (for 'pot holder')
- Sewing machine/notions
- Rotary cutter/quilter's ruler/mat

1) Sew 4 (20"x1.5") strips of fabric together using 1/4" seam allowance & press seam allowances in same direction with iron.

2) Use template to cut out six triangles. Rotate template as shown in photo above.
3) **Arrange triangles into hexagon, alternating triangle patterns.**

4) **Sew triangles together into two sections of 3.**

5) **Place two sections right sides together and stitch to complete hexagon. Press open.**
6) Layer the following:

- 11" x 11" backing fabric, right side down
- 11" x 11" Insul-Bright hexagon, right side up

7) Quilt layers together as desired. When complete stitch around outer edge with 1/8" seam to secure layers at edges.
8) Stitch in the ditch across one seam - see photo above. (This stitch line will be your stitch guide in step 17)

9) Trim edges of layers even with hexagon.

NOTE: button and loop closure will go on opposite sides of the stitching in step 8 (see photo above for placement).
10) Pin a 3” loop of bias tape at center of one edge parallel with seam from step 8. (see photo page 5 for loop placement). Leave a ‘tail’ and start stitching bias tape in place along edge.

11) At corners, backstitch, lift presser foot, reposition bias tape and continue sewing, repeat at each corner.

12) Overlap bias tape at end point, backstitch and fold tape over to back side.
13) Machine or hand stitch bias tape in place on back side.

14) Place button with holes aprox 1/2” from inside edge of bias tape and secure in place.
15) Lay towel flat and mark center with pins at each end. Baste across center.

16) Pull bobbin basting threads and gather towel until it is same width as your pot holder.

17) Lay towel right side up. Place pot holder, quilted side down, on top of towel. Match the basting stitch on towel and the stitching on potholder from step 8. Sew through all layers as indicated in photo at left. Turn and stitch across a second time to secure and backstitch at stop.
CONGRATULATIONS! YOU ARE DONE!
for the hexagon table runner pattern or more project photos go to: RebeccaMaeDesigns.com
click on 'gallery of hexagons' for photos.

Be one of the first to add photos of your project to the flicker pool:
http://www.flickr.com/groups/rebeccamaedesigns-patternpatch/